



Conception Program at The Jocelyn Centre

Fees & Consultation Procedures

January 2010

Conception Program Consultations:

Introductory ½ hr Consultation	FREE
Consultation Fee	\$140 per hour
First Consultation	2 -2 ½ hours
Second Consultation (1 - 2 weeks later)	1 ½ - 2 hours
Subsequent Consultations (every 4 - 6 weeks)	1 hour (approx)

Additional Costs:

Conception Kit (including 2 books: *Natural Fertility & Better Babies*) \$160.00

Additional Options:

Male Relaxation Tape \$15.00
 Male Personal Lunar Calculations \$33.00
 Sex Selection Booklet \$25.00

Natural Medicines Costs: The average range of costs per person, per week is \$70 - \$95. At your initial two consultations you will need to stock up on supplements and the average outlay per person is \$300. Please note if you are on this program as a couple you will be purchasing for two people for at least 4 months or until conception occurs. These figures are only a very basic guideline as costs vary greatly according to individual treatment needs.

Medical Consultations:

Initially two consultations are required for the female - one for relevant blood/urine tests and a second for a cervical swab performed on approximately day ten 10 of the menstrual cycle. Generally these consultations are combined into one long appointment. Males require one consultation for relevant blood/urine tests and a semen analysis referral. A combined partner results consultation is required once all results are returned.

Consultations	Fee	Medicare Rebate
Pathology	\$70	\$38.00
Swab	\$70	\$38.00
Results	\$70	\$38.00
Results by phone	\$50	No Rebate

Timing of Medical Consultations for the Conception Program:

Reception will book your medical consultations as close as possible to your first naturopathic consultations. If you are coming from out of Sydney, this will involve a full day of consultations at The Jocelyn Centre, as well as an additional appointment for semen analysis (see *Semen Analysis* section below for further details).

External Pathology Tests:

These tests are charged through the performing laboratories with Medicare rebates applicable.

Semen Analysis:

All males require a semen analysis when commencing the Conception Program. We prefer this test to be performed at Sydney IVF Andrology Department (Level 4, 321 Kent Street, Sydney). Collection hours are Mon-Fri, 7.15am-2.00pm. Due to our specific requirements, the Jocelyn Centre's doctor is the preferred referring doctor. Phone Sydney IVF on 9229-6445 to make your appointment once you have your confirmed your initial doctor's appointment. A referral is required for this test – it is your responsibility to have your referral when attending.

Missed Consultations & Late Cancellation Fees:

Missed consultations, without adequate notice, incur a late cancellation fee of 35% of the consultation + GST.

	1 st Consultation	2 nd Consultation	1 st & 2 nd Combined	Subsequent / Medical
Notice Required:	3 working days	2 working days	5 working days	24 hours

Cancellations must be given with adequate notice, as per the table above. Consultations are GST exempt but cancellation fees attract GST. Credit card details are taken when you make your initial appointment but will only be used if adequate cancellation notice is not given. Your credit card details are deleted after your initial naturopathic and medical consultations.

Checklist for Your First Consultation

Free Introductory Consultation: You do not need to bring anything to this consultation.

To bring to your first full consultation with each practitioner:

- Any relevant & recent medical records (include results sheets with exact figures, wherever possible).
- Your Doctor's referral in order to claim Tax Offset (see General Information below).
- Your completed Program Questionnaire. Please **DO NOT** send this questionnaire. If you have not received your Questionnaire, please call reception or download one from our website. Please fill this out as fully as possible and include your time, date and place of birth.
- The actual containers of any medications and/or natural medicines/supplements you have whether currently being taken or not. This enables your practitioner to assess whether these can be used as part of your treatment. Prescribed medications will only be replaced by less invasive or natural alternatives in co-operation with the prescribing doctor. Please do not bring a list of supplements/medications alone and ensure you do not bring out of date items.
- Sufficient funds for consultation fees, supplements and herbal medicines as detailed on the previous page.
- Please **DO NOT** have your hair coloured or cut very short before your first consultation as you may need to provide some uncoloured hair for a hair mineral analysis which checks for heavy metals and nutrient mineral status. This applies to both male & female partners.

General Information:

Appointments:

For your convenience, our naturopaths are available 6 days a week with after-hours consultations on most days. Please phone **(02) 9268 9000** to make an appointment.

Reception & Dispensary: Mon to Sat 9:00am – 5:00pm (and often on week nights – call to confirm).

Naturopathic consultations: Mon to Fri 9:00am – 7.00pm
Saturday 9:00am – 5.00pm

Medical consultations: Tues 11:00am – 5.30pm
Wed 9:30am – 4.00pm

Methods of Payment: Consultation fees are GST exempt and can be paid by EFTPOS, cash, cheque, money order or credit card. Cheques should be made out to "Natural Fertility Management Pty Ltd".

Buying Additional Herbal Medicine: We make enough of your herbal medicine to last until your next consultation as formulas can often change during your treatment. 24 hours notice is required when placing your order to ensure adequate preparation time, and credit card details are required. If you are unable to provide credit card details please allow up to half an hour preparation time on arrival. Please note we are unable to dispense the same herbal formula for more than 3 months without a consultation, as the herbs may no longer be appropriate for your current health status.

Distance Consultations: we offer treatments via phone to patients unable to attend in person, after at least one face-to-face consultation which is an industry requirement. If treatment continues for more than 6 months, a further face-to-face consultation may be required. Natural remedies can be posted nationally and internationally via secure delivery methods.

Rebates: standard Medicare rebates apply for medical consultations only. The Medicare Safety Net may apply for annual family medical expenses. Most Private Health Funds offer partial rebates, though these vary for natural therapy consultations and for natural medicines and supplements.

Net Medical Expenses Tax offset: Naturopathic consultations and supplements can count towards the tax-deductible medical expenses incurred each year. In order to claim the costs incurred at the Jocelyn Centre, you will need to organise a referral to your naturopath from a doctor before you attend your first consultation. Health costs over \$1500 in a financial year can qualify for a 20% tax deduction. Refer to: www.ato.gov.au/individuals - Claimable Medical Expenses.