



Natural Fertility Management

Lunar Journey through the Zodiac 2009

According to Dr Jonas' research, *conception whilst the Moon is in a male or female sign greatly influences the sex of the child toward that gender.* Some research suggests that the alkalinity of the endometrium changes with the moon, thus favouring 'XY' or 'XX' sperm. The following chart indicates when the moon enters a male or female sign, indicated by 'M' or 'F' respectively, throughout the year.

You can use this chart to determine whether the moon is in a male or female sign at your mid-cycle ovulation (determining this through your mucus observation), as well as at your lunar peak.

F	♋	Pisces	01-Jan-09	10:28
M	♈	Aries	03-Jan-09	19:51
F	♉	Taurus	06-Jan-09	01:47
M	♊	Gemini	08-Jan-09	04:13
F	♋	Cancer	10-Jan-09	04:15
M	♌	Leo	12-Jan-09	03:42
F	♍	Virgo	14-Jan-09	04:34
M	♎	Libra	16-Jan-09	08:31
F	♏	Scorpio	18-Jan-09	16:21
M	♐	Sagittarius	21-Jan-09	03:31
F	♑	Capricorn	23-Jan-09	16:19
M	♒	Aquarius	26-Jan-09	04:58
F	♓	Pisces	28-Jan-09	16:13
M	♈	Aries	31-Jan-09	01:26

F	♋	Cancer	02-Apr-09	02:31
M	♌	Leo	04-Apr-09	05:34
F	♍	Virgo	06-Apr-09	09:02
M	♎	Libra	08-Apr-09	13:23
F	♏	Scorpio	10-Apr-09	19:24
M	♐	Sagittarius	13-Apr-09	04:02
F	♑	Capricorn	15-Apr-09	15:28
M	♒	Aquarius	18-Apr-09	04:20
F	♓	Pisces	20-Apr-09	15:56
M	♈	Aries	23-Apr-09	00:10
F	♉	Taurus	24-Apr-09	04:47
M	♊	Gemini	27-Apr-09	07:03
F	♋	Cancer	29-Apr-09	08:39

F	♉	Taurus	02-Feb-09	08:10
M	♊	Gemini	04-Feb-09	12:16
F	♋	Cancer	06-Feb-09	14:07
M	♌	Leo	08-Feb-09	14:44
F	♍	Virgo	10-Feb-09	15:39
M	♎	Libra	12-Feb-09	18:34
F	♏	Scorpio	15-Feb-09	00:52
M	♐	Sagittarius	17-Feb-09	10:54
F	♑	Capricorn	19-Feb-09	23:26
M	♒	Aquarius	22-Feb-09	12:07
F	♓	Pisces	24-Feb-09	23:01
M	♈	Aries	27-Feb-09	07:25

M	♌	Leo	01-May-09	10:57
F	♍	Virgo	03-May-09	14:38
M	♎	Libra	05-May-09	19:52
F	♏	Scorpio	08-May-09	02:49
M	♐	Sagittarius	10-May-09	11:50
F	♑	Capricorn	12-May-09	23:10
M	♒	Aquarius	15-May-09	12:02
F	♓	Pisces	18-May-09	00:18
M	♈	Aries	20-May-09	09:31
F	♉	Taurus	22-May-09	14:41
M	♊	Gemini	24-May-09	16:35
F	♋	Cancer	26-May-09	16:59
M	♌	Leo	28-May-09	17:45
F	♍	Virgo	30-May-09	20:19

F	♉	Taurus	01-Mar-09	13:34
M	♊	Gemini	03-Mar-09	18:00
F	♋	Cancer	05-Mar-09	21:08
M	♌	Leo	07-Mar-09	23:25
F	♍	Virgo	10-Mar-09	01:35
M	♎	Libra	12-Mar-09	04:47
F	♏	Scorpio	14-Mar-09	10:24
M	♐	Sagittarius	16-Mar-09	19:23
F	♑	Capricorn	19-Mar-09	07:20
M	♒	Aquarius	21-Mar-09	20:08
F	♓	Pisces	24-Mar-09	07:09
M	♈	Aries	26-Mar-09	15:04
F	♉	Taurus	28-Mar-09	20:10
M	♊	Gemini	30-Mar-09	23:37

M	♎	Libra	02-Jun-09	01:18
F	♏	Scorpio	04-Jun-09	08:45
M	♐	Sagittarius	06-Jun-09	18:25
F	♑	Capricorn	09-Jun-09	06:01
M	♒	Aquarius	11-Jun-09	18:54
F	♓	Pisces	14-Jun-09	07:33
M	♈	Aries	16-Jun-09	17:53
F	♉	Taurus	19-Jun-09	00:21
M	♊	Gemini	21-Jun-09	03:01
F	♋	Cancer	23-Jun-09	03:13
M	♌	Leo	25-Jun-09	02:51
F	♍	Virgo	27-Jun-09	03:48
M	♎	Libra	29-Jun-09	07:26

F	♏	Scorpio	01-Jul-09	14:20
M	♐	Sagittarius	04-Jul-09	00:12
F	♑	Capricorn	06-Jul-09	12:09
M	♒	Aquarius	09-Jul-09	01:04
F	♓	Pisces	11-Jul-09	13:45
M	♈	Aries	14-Jul-09	00:41
F	♉	Taurus	16-Jul-09	08:31
M	♊	Gemini	18-Jul-09	12:42
F	♋	Cancer	20-Jul-09	13:52
M	♌	Leo	22-Jul-09	13:29
F	♍	Virgo	24-Jul-09	13:24
M	♎	Libra	26-Jul-09	15:27
F	♏	Scorpio	28-Jul-09	20:57
M	♐	Sagittarius	31-Jul-09	06:11

F	♑	Pisces	01-Oct-09	09:27
M	♈	Aries	03-Oct-09	19:22
F	♉	Taurus	06-Oct-09	02:34
M	♊	Gemini	08-Oct-09	07:48
F	♋	Cancer	10-Oct-09	11:49
M	♌	Leo	12-Oct-09	15:04
F	♍	Virgo	14-Oct-09	17:46
M	♎	Libra	16-Oct-09	20:31
F	♏	Scorpio	19-Oct-09	00:24
M	♐	Sagittarius	21-Oct-09	06:50
F	♑	Capricorn	23-Oct-09	16:40
M	♒	Aquarius	26-Oct-09	05:09
F	♓	Pisces	28-Oct-09	17:46
M	♈	Aries	31-Oct-09	03:57

F	♑	Capricorn	02-Aug-09	18:09
M	♒	Aquarius	05-Aug-09	07:09
F	♓	Pisces	07-Aug-09	19:35
M	♈	Aries	09-Aug-09	06:24
F	♉	Taurus	12-Aug-09	14:51
M	♊	Gemini	14-Aug-09	20:27
F	♋	Cancer	16-Aug-09	23:14
M	♌	Leo	18-Aug-09	23:58
F	♍	Virgo	21-Aug-09	00:02
M	♎	Libra	23-Aug-09	01:13
F	♏	Scorpio	25-Aug-09	05:17
M	♐	Sagittarius	27-Aug-09	13:17
F	♑	Capricorn	30-Aug-09	00:45

F	♉	Taurus	02-Nov-09	10:46
M	♊	Gemini	04-Nov-09	14:54
F	♋	Cancer	06-Nov-09	17:44
M	♌	Leo	08-Nov-09	20:24
F	♍	Virgo	10-Nov-09	23:31
M	♎	Libra	13-Nov-09	03:23
F	♏	Scorpio	15-Nov-09	08:25
M	♐	Sagittarius	17-Nov-09	05:23
F	♑	Capricorn	20-Nov-09	01:02
M	♒	Aquarius	22-Nov-09	13:12
F	♓	Pisces	25-Nov-09	02:09
M	♈	Aries	27-Nov-09	13:12
F	♉	Taurus	29-Nov-09	20:35

M	♒	Aquarius	01-Sep-09	13:44
F	♓	Pisces	04-Sep-09	01:59
M	♈	Aries	06-Sep-09	12:15
F	♉	Taurus	08-Sep-09	20:19
M	♊	Gemini	11-Sep-09	02:18
F	♋	Cancer	13-Sep-09	06:21
M	♌	Leo	15-Sep-09	08:40
F	♍	Virgo	17-Sep-09	09:57
M	♎	Libra	19-Sep-09	11:27
F	♏	Scorpio	21-Sep-09	14:53
M	♐	Sagittarius	23-Sep-09	21:44
F	♑	Capricorn	26-Sep-09	08:20
M	♒	Aquarius	28-Sep-09	21:08

M	♊	Gemini	02-Dec-09	00:25
F	♋	Cancer	04-Dec-09	02:02
M	♌	Leo	06-Dec-09	03:08
F	♍	Virgo	08-Dec-09	05:07
M	♎	Libra	10-Dec-09	08:48
F	♏	Scorpio	12-Dec-09	14:33
M	♐	Sagittarius	14-Dec-09	22:26
F	♑	Capricorn	17-Dec-09	08:33
M	♒	Aquarius	19-Dec-09	20:40
F	♓	Pisces	22-Dec-09	09:43
M	♈	Aries	24-Dec-09	21:41
F	♉	Taurus	27-Dec-09	06:27
M	♊	Gemini	29-Dec-09	11:14
F	♋	Cancer	31-Dec-09	12:46

NB: All times are for Australian Eastern Standard Time (AEST). Please adjust for Daylight Saving Time or your own time zone where these are different to AEST, using your *Time Machine* which is located in the back of your *Conception Kit Workbook*.