



Natural Fertility Management

Lunar Journey through the Zodiac 2010

According to Dr Jonas' research, *conception whilst the Moon is in a male or female sign greatly influences the sex of the child toward that gender.* Some research suggests that the alkalinity of the endometrium changes with the moon, thus favouring 'XY' or 'XX' sperm. The following chart indicates when the moon enters a male or female sign, indicated by 'M' or 'F' respectively, throughout the year.

You can use this chart to determine whether the moon is in a male or female sign at your mid-cycle ovulation (determining this through your mucus observation), as well as at your lunar peak.

M	♌	Leo	02-Jan-10	12:42
F	♍	Virgo	04-Jan-10	12:54
M	♎	Libra	06-Jan-10	14:59
F	♏	Scorpio	08-Jan-10	20:01
M	♐	Sagittarius	11-Jan-10	4:11
F	♑	Capricorn	13-Jan-10	14:55
M	♒	Aquarius	16-Jan-10	3:18
F	♓	Pisces	18-Jan-10	16:18
M	♈	Aries	21-Jan-10	4:37
F	♉	Taurus	23-Jan-10	14:41
M	♊	Gemini	25-Jan-10	21:12
F	♋	Cancer	28-Jan-10	0:02
M	♌	Leo	30-Jan-10	0:11
F	♍	Virgo	31-Jan-10	23:24

M	♐	Sagittarius	03-Apr-10	2:54
F	♑	Capricorn	05-Apr-10	11:08
M	♒	Aquarius	07-Apr-10	22:52
F	♓	Pisces	10-Apr-10	11:49
M	♈	Aries	12-Apr-10	23:32
F	♉	Taurus	15-Apr-10	8:56
M	♊	Gemini	17-Apr-10	16:09
F	♋	Cancer	19-Apr-10	21:40
M	♌	Leo	22-Apr-10	1:43
F	♍	Virgo	24-Apr-10	4:25
M	♎	Libra	26-Apr-10	6:18
F	♏	Scorpio	28-Apr-10	8:30
M	♐	Sagittarius	30-Apr-10	12:37

M	♎	Libra	02-Feb-10	23:43
F	♏	Scorpio	05-Feb-10	2:57
M	♐	Sagittarius	07-Feb-10	10:05
F	♑	Capricorn	09-Feb-10	20:45
M	♒	Aquarius	12-Feb-10	9:25
F	♓	Pisces	14-Feb-10	22:24
M	♈	Aries	17-Feb-10	10:31
F	♉	Taurus	19-Feb-10	20:56
M	♊	Gemini	22-Feb-10	4:48
F	♋	Cancer	24-Feb-10	9:30
M	♌	Leo	26-Feb-10	11:09
F	♍	Virgo	28-Feb-10	10:53

F	♑	Capricorn	02-May-10	20:01
M	♒	Aquarius	05-May-10	6:53
F	♓	Pisces	07-May-10	19:35
M	♈	Aries	10-May-10	7:30
F	♉	Taurus	12-May-10	16:49
M	♊	Gemini	14-May-10	23:19
F	♋	Cancer	17-May-10	3:47
M	♌	Leo	19-May-10	7:07
F	♍	Virgo	21-May-10	9:59
M	♎	Libra	23-May-10	12:51
F	♏	Scorpio	25-May-10	16:18
M	♐	Sagittarius	27-May-10	21:17
F	♑	Capricorn	30-May-10	4:45

M	♎	Libra	02-Mar-10	10:32
F	♏	Scorpio	04-Mar-10	12:12
M	♐	Sagittarius	06-Mar-10	17:37
F	♑	Capricorn	09-Mar-10	3:14
M	♒	Aquarius	11-Mar-10	15:43
F	♓	Pisces	14-Mar-10	4:45
M	♈	Aries	16-Mar-10	16:33
F	♉	Taurus	19-Mar-10	2:30
M	♊	Gemini	21-Mar-10	10:29
F	♋	Cancer	23-Mar-10	16:17
M	♌	Leo	25-Mar-10	19:40
F	♍	Virgo	27-Mar-10	20:58
M	♎	Libra	29-Mar-10	21:22
F	♏	Scorpio	31-Mar-10	22:42

M	♒	Aquarius	01-Jun-10	15:09
F	♓	Pisces	04-Jun-10	3:35
M	♈	Aries	06-Jun-10	15:51
F	♉	Taurus	09-Jun-10	1:42
M	♊	Gemini	11-Jun-10	8:12
F	♋	Cancer	13-Jun-10	11:51
M	♌	Leo	15-Jun-10	13:55
F	♍	Virgo	17-Jun-10	15:42
M	♎	Libra	19-Jun-10	18:14
F	♏	Scorpio	21-Jun-10	22:15
M	♐	Sagittarius	24-Jun-10	4:11
F	♑	Capricorn	26-Jun-10	12:22
M	♒	Aquarius	28-Jun-10	22:53

F	♋	Pisces	01-Jul-10	11:11
M	♈	Aries	03-Jul-10	23:45
F	♉	Taurus	06-Jul-10	10:30
M	♊	Gemini	08-Jul-10	17:52
F	♋	Cancer	10-Jul-10	21:39
M	♌	Leo	12-Jul-10	22:55
F	♍	Virgo	14-Jul-10	23:16
M	♎	Libra	17-Jul-10	0:25
F	♏	Scorpio	19-Jul-10	3:43
M	♐	Sagittarius	21-Jul-10	9:50
F	♑	Capricorn	23-Jul-10	18:40
M	♒	Aquarius	26-Jul-10	5:39
F	♋	Pisces	28-Jul-10	18:01
M	♈	Aries	31-Jul-10	6:43

M	♌	Leo	03-Oct-10	4:22
F	♍	Virgo	05-Oct-10	6:01
M	♎	Libra	07-Oct-10	5:53
F	♏	Scorpio	09-Oct-10	5:53
M	♐	Sagittarius	11-Oct-10	8:10
F	♑	Capricorn	13-Oct-10	14:18
M	♒	Aquarius	16-Oct-10	0:25
F	♋	Pisces	18-Oct-10	12:53
M	♈	Aries	21-Oct-10	1:24
F	♉	Taurus	23-Oct-10	12:31
M	♊	Gemini	25-Oct-10	21:49
F	♋	Cancer	28-Oct-10	5:15
M	♌	Leo	30-Oct-10	10:40

F	♉	Taurus	02-Aug-10	18:14
M	♊	Gemini	05-Aug-10	2:55
F	♋	Cancer	07-Aug-10	7:51
M	♌	Leo	09-Aug-10	9:24
F	♍	Virgo	11-Aug-10	9:02
M	♎	Libra	13-Aug-10	8:44
F	♏	Scorpio	15-Aug-10	10:27
M	♐	Sagittarius	17-Aug-10	15:35
F	♑	Capricorn	20-Aug-10	0:18
M	♒	Aquarius	22-Aug-10	11:38
F	♋	Pisces	25-Aug-10	0:12
M	♈	Aries	27-Aug-10	12:50
F	♉	Taurus	30-Aug-10	0:36

F	♍	Virgo	01-Nov-10	13:52
M	♎	Libra	03-Nov-10	15:20
F	♏	Scorpio	05-Nov-10	16:17
M	♐	Sagittarius	07-Nov-10	18:29
F	♑	Capricorn	09-Nov-10	23:38
M	♒	Aquarius	12-Nov-10	8:33
F	♋	Pisces	14-Nov-10	20:25
M	♈	Aries	17-Nov-10	9:00
F	♉	Taurus	19-Nov-10	20:05
M	♊	Gemini	22-Nov-10	4:47
F	♋	Cancer	24-Nov-10	11:15
M	♌	Leo	26-Nov-10	16:02
F	♍	Virgo	28-Nov-10	19:35
M	♎	Libra	30-Nov-10	22:16

M	♊	Gemini	01-Sep-10	10:20
F	♋	Cancer	03-Sep-10	16:52
M	♌	Leo	05-Sep-10	19:46
F	♍	Virgo	07-Sep-10	19:54
M	♎	Libra	09-Sep-10	19:02
F	♏	Scorpio	11-Sep-10	19:22
M	♐	Sagittarius	13-Sep-10	22:53
F	♑	Capricorn	16-Sep-10	6:31
M	♒	Aquarius	18-Sep-10	17:36
F	♋	Pisces	21-Sep-10	6:16
M	♈	Aries	23-Sep-10	18:48
F	♉	Taurus	26-Sep-10	6:18
M	♊	Gemini	28-Sep-10	16:12
F	♋	Cancer	30-Sep-10	23:47

F	♏	Scorpio	03-Dec-10	0:45
M	♐	Sagittarius	05-Dec-10	4:18
F	♑	Capricorn	07-Dec-10	9:17
M	♒	Aquarius	09-Dec-10	17:32
F	♋	Pisces	12-Dec-10	4:42
M	♈	Aries	14-Dec-10	17:16
F	♉	Taurus	17-Dec-10	4:50
M	♊	Gemini	19-Dec-10	13:38
F	♋	Cancer	21-Dec-10	19:23
M	♌	Leo	23-Dec-10	22:52
F	♍	Virgo	26-Dec-10	1:15
M	♎	Libra	28-Dec-10	3:39
F	♏	Scorpio	30-Dec-10	6:51

NB: All times are for Australian Eastern Standard Time (AEST). Please adjust for Daylight Saving Time or your own time zone where these are different to AEST, using your *Time Machine* which is located in the back of your *Conception Kit Workbook*.