



Natural Fertility Management

Lunar Journey through the Zodiac 2011

According to Dr Jonas' research, *conception whilst the Moon is in a male or female sign greatly influences the sex of the child toward that gender.* Some research suggests that the alkalinity of the endometrium changes with the moon, thus favouring 'XY' or 'XX' sperm. The following chart indicates when the moon enters a male or female sign, indicated by 'M' or 'F' respectively, throughout the year.

You can use this chart to determine whether the moon is in a male or female sign at your mid-cycle ovulation (determining this through your mucus observation), as well as at your lunar peak.

M	♏	Sagittarius	01-Jan-11	11:22
F	♐	Capricorn	03-Jan-11	17:40
M	♑	Aquarius	06-Jan-11	2:09
F	♒	Pisces	08-Jan-11	12:58
M	♈	Aries	11-Jan-11	1:25
F	♉	Taurus	13-Jan-11	13:38
M	♊	Gemini	15-Jan-11	23:24
F	♋	Cancer	18-Jan-11	5:30
M	♌	Leo	20-Jan-11	8:17
F	♍	Virgo	22-Jan-11	9:11
M	♎	Libra	24-Jan-11	10:00
F	♏	Scorpio	26-Jan-11	12:17
M	♐	Sagittarius	28-Jan-11	16:56
F	♑	Capricorn	31-Jan-11	0:05

M	♈	Aries	02-Apr-11	21:17
F	♉	Taurus	05-Apr-11	9:47
M	♊	Gemini	07-Apr-11	21:23
F	♋	Cancer	10-Apr-11	7:03
M	♌	Leo	12-Apr-11	13:38
F	♍	Virgo	14-Apr-11	16:41
M	♎	Libra	16-Apr-11	17:00
F	♏	Scorpio	18-Apr-11	16:20
M	♐	Sagittarius	20-Apr-11	16:51
F	♑	Capricorn	22-Apr-11	20:25
M	♑	Aquarius	25-Apr-11	4:00
F	♒	Pisces	27-Apr-11	14:59
M	♈	Aries	30-Apr-11	3:34

M	♑	Aquarius	02-Feb-11	9:22
F	♒	Pisces	04-Feb-11	20:25
M	♈	Aries	07-Feb-11	8:47
F	♉	Taurus	09-Feb-11	21:24
M	♊	Gemini	12-Feb-11	8:22
F	♋	Cancer	14-Feb-11	15:50
M	♌	Leo	16-Feb-11	19:15
F	♍	Virgo	18-Feb-11	19:40
M	♎	Libra	20-Feb-11	19:02
F	♏	Scorpio	22-Feb-11	19:30
M	♐	Sagittarius	24-Feb-11	22:47
F	♑	Capricorn	27-Feb-11	5:33

F	♉	Taurus	02-May-11	15:59
M	♊	Gemini	05-May-11	3:10
F	♋	Cancer	07-May-11	12:33
M	♌	Leo	09-May-11	19:36
F	♍	Virgo	12-May-11	0:01
M	♎	Libra	14-May-11	1:58
F	♏	Scorpio	16-May-11	2:33
M	♐	Sagittarius	18-May-11	3:24
F	♑	Capricorn	20-May-11	6:17
M	♑	Aquarius	22-May-11	12:33
F	♒	Pisces	24-May-11	22:25
M	♈	Aries	27-May-11	10:37
F	♉	Taurus	29-May-11	23:03

M	♑	Aquarius	01-Mar-11	15:15
F	♒	Pisces	04-Mar-11	2:48
M	♈	Aries	06-Mar-11	15:15
F	♉	Taurus	09-Mar-11	3:53
M	♊	Gemini	11-Mar-11	15:32
F	♋	Cancer	14-Mar-11	2:31
M	♌	Leo	16-Mar-11	5:34
F	♍	Virgo	18-Mar-11	6:54
M	♎	Libra	20-Mar-11	6:04
F	♏	Scorpio	22-Mar-11	5:18
M	♐	Sagittarius	24-Mar-11	6:46
F	♑	Capricorn	26-Mar-11	11:58
M	♑	Aquarius	28-Mar-11	21:01
F	♒	Pisces	31-Mar-11	8:39

M	♊	Gemini	01-Jun-11	9:57
F	♋	Cancer	03-Jun-11	18:37
M	♌	Leo	06-Jun-11	1:04
F	♍	Virgo	08-Jun-11	5:34
M	♎	Libra	10-Jun-11	8:32
F	♏	Scorpio	12-Jun-11	10:04
M	♐	Sagittarius	14-Jun-11	12:39
F	♑	Capricorn	16-Jun-11	16:00
M	♑	Aquarius	18-Jun-11	21:48
F	♒	Pisces	21-Jun-11	6:46
M	♈	Aries	23-Jun-11	18:25
F	♉	Taurus	26-Jun-11	6:54
M	♊	Gemini	28-Jun-11	17:57

F	♋	Cancer	01-Jul-11	2:14
M	♌	Leo	03-Jul-11	7:44
F	♍	Virgo	05-Jul-11	11:16
M	♎	Libra	07-Jul-11	13:55
F	♏	Scorpio	09-Jul-11	16:32
M	♐	Sagittarius	11-Jul-11	19:48
F	♑	Capricorn	14-Jul-11	0:15
M	♒	Aquarius	16-Jul-11	6:31
F	♓	Pisces	18-Jul-11	15:14
M	♈	Aries	21-Jul-11	2:26
F	♉	Taurus	23-Jul-11	14:59
M	♊	Gemini	26-Jul-11	2:35
F	♋	Cancer	28-Jul-11	11:13
M	♌	Leo	30-Jul-11	16:17

M	♐	Sagittarius	01-Oct-11	14:43
F	♑	Capricorn	03-Oct-11	18:17
M	♒	Aquarius	06-Oct-11	1:19
F	♓	Pisces	08-Oct-11	11:14
M	♈	Aries	10-Oct-11	22:58
F	♉	Taurus	13-Oct-11	11:36
M	♊	Gemini	16-Oct-11	0:16
F	♋	Cancer	18-Oct-11	11:39
M	♌	Leo	20-Oct-11	20:07
F	♍	Virgo	23-Oct-11	0:42
M	♎	Libra	25-Oct-11	1:50
F	♏	Scorpio	27-Oct-11	1:09
M	♐	Sagittarius	29-Oct-11	0:46
F	♑	Capricorn	31-Oct-11	2:40

F	♍	Virgo	01-Aug-11	18:43
M	♎	Libra	03-Aug-11	20:05
F	♏	Scorpio	05-Aug-11	21:58
M	♐	Sagittarius	08-Aug-11	1:22
F	♑	Capricorn	10-Aug-11	6:39
M	♒	Aquarius	12-Aug-11	13:49
F	♓	Pisces	14-Aug-11	22:55
M	♈	Aries	17-Aug-11	10:03
F	♉	Taurus	19-Aug-11	22:37
M	♊	Gemini	22-Aug-11	10:54
F	♋	Cancer	24-Aug-11	20:32
M	♌	Leo	27-Aug-11	2:10
F	♍	Virgo	29-Aug-11	4:14

M	♒	Aquarius	02-Nov-11	8:09
F	♓	Pisces	04-Nov-11	17:19
M	♈	Aries	07-Nov-11	5:03
F	♉	Taurus	09-Nov-11	17:46
M	♊	Gemini	12-Nov-11	6:11
F	♋	Cancer	14-Nov-11	17:20
M	♌	Leo	17-Nov-11	2:18
F	♍	Virgo	19-Nov-11	8:20
M	♎	Libra	21-Nov-11	11:17
F	♏	Scorpio	23-Nov-11	11:59
M	♐	Sagittarius	25-Nov-11	11:58
F	♑	Capricorn	27-Nov-11	13:06
M	♒	Aquarius	29-Nov-11	17:03

F	♏	Scorpio	02-Sep-11	4:49
M	♐	Sagittarius	04-Sep-11	7:05
F	♑	Capricorn	06-Sep-11	12:05
M	♒	Aquarius	08-Sep-11	19:43
F	♓	Pisces	11-Sep-11	5:28
M	♈	Aries	13-Sep-11	16:50
F	♉	Taurus	16-Sep-11	5:26
M	♊	Gemini	18-Sep-11	18:07
F	♋	Cancer	21-Sep-11	4:55
M	♌	Leo	23-Sep-11	11:56
F	♍	Virgo	25-Sep-11	14:50
M	♎	Libra	27-Sep-11	14:52
F	♏	Scorpio	29-Sep-11	14:06

F	♓	Pisces	02-Dec-11	0:46
M	♈	Aries	04-Dec-11	11:52
F	♉	Taurus	07-Dec-11	0:36
M	♊	Gemini	09-Dec-11	12:03
F	♋	Cancer	11-Dec-11	23:27
M	♌	Leo	14-Dec-11	7:49
F	♍	Virgo	16-Dec-11	14:00
M	♎	Libra	18-Dec-11	18:07
F	♏	Scorpio	20-Dec-11	20:34
M	♐	Sagittarius	22-Dec-11	22:04
F	♑	Capricorn	24-Dec-11	23:48
M	♒	Aquarius	27-Dec-11	3:15
F	♓	Pisces	29-Dec-11	9:46
M	♈	Aries	31-Dec-11	19:49

NB: All times are for Australian Eastern Standard Time (AEST). Please adjust for Daylight Saving Time or your own time zone where these are different to AEST, using your *Time Machine* which is located in the back of your *Conception Kit Workbook*.