



Conception Program at The Jocelyn Centre

Fees & Consultation Procedures

July 2017

Conception Program Consultations

Initial consultations

You will require 2-3 longer appointments preferably about a week apart. Usually this amounts to 4-5 hours in total, though this may vary slightly depending on your individual health issues – your practitioner will advise you regarding this.

In these appointments we will

- thoroughly assess your general and reproductive health
- formulate a treatment plan
- prescribe nutritional supplements and herbal medicines
- discuss and advise on lifestyle and diet
- test for the presence of toxic heavy metals
- instruct on how to chart the menstrual cycle for diagnosis and conception timing
- discuss and advise on stress management and exercise
- refer you to our medical doctor for appropriate pathology tests
- review all tests and adjust your treatment plan accordingly.

For patients attending from interstate or overseas, the initial consultations must be face-to-face, though all other consultations can be conducted by phone.

The initial consultations can be held on the one day if more convenient for you.

Subsequent consultations

These will generally take place every 4-6 weeks and last approximately one hour.

Acute Care consultations

By phone or email for management of acute cases, or alteration to treatment protocols.

Consultations Costs

\$200 per hour, per couple

\$150 per hour, per single person

Starting at \$45 for Acute Care consultations, according to time taken.

Additional Costs

Conception Kit (including 2 books: *Natural Fertility & Better Babies*)

\$119.90

Additional Options

Sex Selection Booklet

\$25.00

Natural Medicines Costs The average range of costs per person, per week is \$75 - \$120. Please note if you are on this program as a couple you will be purchasing for two people until conception occurs. These figures are only a very basic guideline as costs vary greatly according to individual treatment needs.

Medical Consultations

Both partners will require a medical consultation with our medical doctor for an initial assessment and relevant tests. This will normally follow your first naturopathic consultation.

External Pathology Tests

These tests are charged through the performing laboratories with Medicare rebates applicable. Tests are bulk-billed where possible.

Semen Analysis

All male patients require a semen analysis when commencing the Conception Program. We prefer this test to be performed at Genea Andrology Department (Level 4, 321 Kent Street, Sydney). Collection hours are Mon-Fri, 7.15am-2.00pm. A referral is required for this test, which will be provided at your consultation with our medical doctor.

Checklist for Your First Consultation

Free Introductory Consultation You do not need to bring anything to this consultation.

Please bring to your first Conception Program consultation

- Your completed Program Questionnaire. If you have not received your Questionnaire, please call reception or download one from our website. Please fill this out as fully as possible and include your time, date and place of birth.
- Hard copies of **relevant & recent** medical results/reports, sorted into **chronological order without repeats.**
- The actual containers of any medications and/or natural medicines/supplements you have whether currently being taken or not. This enables your practitioner to assess whether these can be used as part of your treatment. Prescribed medications will only be replaced by less invasive or natural alternatives in co-operation with the prescribing doctor. Please do not only bring a list of supplements/medications alone and ensure you do not bring out of date items.
- Please **DO NOT** have your hair coloured or cut very short before your first consultation as you may need to provide some uncoloured hair for a hair mineral analysis to check for heavy metal and nutrient mineral status. This applies to both male & female partners.

Missed Consultations & Late Cancellation Fees

Missed consultations, without adequate notice, incur a late cancellation fee of 35% of the consultation fee + GST.

	1st Consultation	2nd Consultation	1st & 2nd combined	Subsequent
Notice required	3 working days	2 working days	5 working days	24 hours

Cancellations must be given with adequate notice, as per the table above. Consultations are GST exempt but cancellation fees attract GST. Credit card details are taken when you make your initial appointment but will only be used if you miss your appointment or if adequate cancellation notice is not given. Your credit card details are deleted after your initial consultations.

Buying Additional Herbal Medicine At each consultation we make enough of your herbal medicine to last until your next appointment as your formula may change during your treatment. If you need to re-order between appointments, 24 hours notice is required when placing your order to ensure adequate preparation time, and credit card details are required. If you are unable to provide credit card details please allow up to half an hour preparation time on arrival. Please note we are unable to dispense the same herbal formula for more than 3 months without a consultation, as the herbs may no longer be appropriate for your current health status.

Distance Consultations We offer treatments via phone to patients unable to attend in person, after at least one face-to-face consultation which is an insurance and industry requirement. If treatment continues for more than 6 months, a further face-to-face consultation may be required. Natural remedies can be posted nationally and internationally via secure delivery methods.

Rebates Standard Medicare rebates apply for medical consultations only. Most Private Health Funds offer partial rebates, though these vary for natural therapy consultations and for natural medicines and supplements.

General Information

For your convenience, our naturopaths are available 5 days a week, including weekends, with after-hours consultations on most days. Please phone **(02) 9268 9000** to make an appointment.

Reception & Dispensary Monday to Thursday 9:00am – 5:00pm*
 Alternate Saturdays 9:00am – 5:00pm
 * or later, please call to confirm if collecting stock items after hours or on Saturday

Naturopathic consultations Monday to Thursday 9:00am – 7.00pm
 Saturday 9:00am – 5.00pm